STILTON PARISH COUNCIL

CORONA VIRUS COMMUNITY HELP

Let's all regularly check on our neighbours

Over the coming days, weeks and months, some of Stilton's community will need to self-isolate. Let's help each other, as best we can, to get through this period of anxiety, uncertainty and potential loneliness.

Please think about the needs of your neighbours, especially (but not exclusively) the elderly and vulnerable. Give them a call or knock on their door (respecting social distance!) to check they're OK. Make sure they have food and other essential items, check whether they need help with shopping and make sure they have your phone number(s).The "cut-out card" appended may be useful to offer help to a neighbour who you may be concerned about.

The Parish Council is working with Tianda Woolner (tel: 07758368255, tianda@btopenworld.com) who is coordinating the Stilton Covid-19 Support Group. So please contact Tianda or a Member of the Parish Council (details below) if you wish to help.

If you are self-isolating and you need help please contact a member of the Parish Council (street names below are just for guidance, we are all happy to put you in contact with a helper).

Parish Council contact details



Mark Angus
07946133673
mark.angus@stiltonparishcouncil.org
Manor Road and St Mary's Road area



Barry Gilden
07926887215
barry.gilden@stiltonparishcouncil.org
North St., Norman Drive and Mill Road area



Keith Bull
07484863226
keith.bull@stiltonparishcouncil.org
Church Close and Walnut Way area



John Leonard
07966563262
john.leonard@stiltonparishcouncil.org
Manor Road and St Mary's Road area



Dee Darnell
07806833555
dee.darnell@stiltonparishcouncil.org
Church Street, High St. and Fen St. area



Olive Leonard
07817257281
olive.leonard@stiltonparishcouncil.org
Church Street, High St. and Fen St. area



Vicky Dorling
07824663116
vicky.dorling@stiltonarishcouncil.org
Church Close and Walnut Way area



Phil Shailer
07946134509
phil.shailer@stiltonparishcouncil.org
North St., Norman Drive and Mill Road area



Julianne Lawrence
(Parish Clerk/Responsible Finance Officer)
clerk@stiltonparishcouncil.org



Sue Ayres
Sue.ayres@stiltonparishcouncil.org

Keeping up to date about Coronavirus

Guidance related to Coronavirus is changing daily. We can all help to minimise risk, prepare ourselves for potential self-isolation and protect the most vulnerable members of our community by following trusted sources of information.

The NHS website provides information about the virus, potential symptoms, guidance on how to self-isolate, details about their 111 service and links to the official Government information for travel advice and action plans.

www.nhs.uk/coronavirus

NHS 111 online service *available at www.nhs.uk/coronavirus*

An online 111 service is available from the NHS website. If you have access to the internet, please use this online service if:

you feel you cannot cope with your symptoms at home
your condition gets worse
your symptoms do not get better after 7 days

Please only call 111 if you cannot get help from the online service

Watch out for Coronavirus scams

According to OWL (Online Watch Link), fraudsters are exploiting the spread of coronavirus to facilitate various types of fraud. Please remember:

- Watch out for scam messages: Don't click on the links or attachments in suspicious emails
- Never respond to unsolicited messages and calls that ask for your personal or financial details.
- Exercise the same caution that you normally would and don't allow anyone unfamiliar into your property, even if they are offering help.

To report a fraud or a scam: ActionFraud.police.uk / 0300 123 2040

Hello

If you are self-isolating, I can help!

My name is .....
I live locally at.....
My phone number is.....

If you are self-isolating due to Coronavirus, I can help with:
Posting mail Picking up shopping Dog walking
Urgent supplies A friendly phone call
Just call or text me and I'll do my best to help (for free!)

Coronavirus is contagious. Let's spread only kindness! Items should be left on a doorstep. Please protect yourself and others by ensuring that nobody enters your house while you are self-isolating. Thank you!